**List of Compostable Items**

* Fruit and vegetable scraps
	+ This includes fruit pits!
* Meat, bones, and fish products
* Pasta, bread, and cereal
* Cooked and raw foods
* Dairy products and eggshells
* Nuts and nut shells
* Coffee grounds, filters, and tea bags
	+ For tea bags, be sure to remove the staple first!
* Paper towels and paper towel rolls
* Soiled paper food packaging
	+ This is true IF the food packaging is 100% paper and does not have a waxy liner. If the packaging does have a waxy liner, it is only compostable if the packaging says that it is “BPI-Certified Compostable.”
* Pizza boxes
	+ To compost your pizza boxes, please leave them on top of your bin for collection and ensure that they are completely empty.
* Muffin wrappers
* Flour and sugar bags
* Candies, cookies and cake
* Baking ingredients, herbs, and spices
* Household plants including soil
* Pet food
* Items labeled BPI-Certified Compostable
* Cheesecloth
	+ 100% cotton, unbleached cheesecloth is compostable.
* Cooking oil
	+ Please ensure that the oil is COOLED and only add up to two cups per bin at a time.
* Wine corks
	+ This includes only natural corks and does not include synthetic corks.
		- Tip: Slice open the cork to see if it’s natural cork or synthetic.
* Fabrics
	+ 100% cotton, wool, hemp, jute, silk, linen, and cashmere are all compostable. Be sure to remove any metal parts, plastisol paints, and adornments.
* Paper Plates
	+ This includes 100% paper plates that do not have a plastic coating.
		- Tip: Sometimes it can be difficult to tell whether a paper plate has a plastic coating. Generally, a good trick is to try and rip the plate in half. If it tears easily and without coming apart into layers, it is compostable. If it's hard, or the top layer comes off, it is likely plastic coated and is not compostable.
* Tissues
	+ Plain tissues are compostable (i.e. those that are not infused with lotions).
* Wax Paper
	+ Plain wax paper is compostable, but it must not be confused with parchment paper or other baking sheets not specifically labeled as “wax paper.”
* Wood sticks
	+ This includes products like ice cream sticks, coffee stirrers, and chopsticks.
* Newspaper
* Tissue paper
	+ This is compostable as long as it isn’t glossy, dyed, or contains glitter.
* Matches
* Cheese rinds (natural rinds, any rinds made of wax like Babybel are NOT compostable)
* Sawdust (derived from 100% natural, untreated wood)
* Dryer balls made of 100% wool